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## WHAT TO BRING TO CAMP

### Individuals:

- Signed Activity Release Form
- Weather appropriate clothing
- Towel/Washcloth
- Toiletries
- Modest Swimwear (if swimming in pool or lake)
- For Ropes Course – Closed toed shoes and comfortable clothing for moving around
- For Rappelling – Jeans and closed toed shoes (Optional: Work gloves)
- For Tomahawk Throwing – Closed toed shoes
- Flashlight
- Sunscreen
- Insect Repellant
- Fishing Gear (Optional)
- NOTE: Bed linens are provided (pillow/case, flat/fitted sheets, comforter)

### Group Leaders:

- Final Payment
- Activity Release Forms for all participants
- Food, paper products (if doing own cooking)
- Propane for grill (if grilling)